



SPAR European Cross Country Championships 2023 Brussels/BEL



Sunday 10 December 2023

TIMETABLE

(PROVISIONAL - as on 27 July 2023)

12:15	Opening Ceremony
12:25	U20 Women Race (5000m)
12:50	U20 Men Race (5000m)
13:10	Mixed Relay (4 x 1500m)
13:35	U23 Women race (7000m)
14:05	U23 Men race (7000m)
14:35	Senior Women Race (9000m)
15:15	Senior Men race (9000m)
16:00	U20 Women Victory Ceremony (individuals)
16:05	U20 Men Victory Ceremony (individuals)
16:10	U20 Women Victory Ceremony (teams)
16:17	U20 Men Victory Ceremony (teams)
16:25	Mixed Relay Victory Ceremony
15:32	U23 Women Victory Ceremony (individuals)
15:27	U23 Men Victory Ceremony (individuals)
16:42	U23 Women Victory Ceremony (teams)
16:49	U23 Men Victory Ceremony (teams)
16:56	Senior Women Victory Ceremony (individuals)
17:01	Senior Men Victory Ceremony (individuals)
17:06	Senior Women Victory Ceremony (teams)
17:13	Senior Men Victory Ceremony (teams)